December 2018 Washington Township Middle Schools





Available Daily: Assorted Hoagies Assorted Wraps Assorted Salads

Chicken Patty Sandwich (Regular or Spicy)



Lunch Price: \$3.50 Paid, \$.40 Reduced

Nutrition Tip: Eat a rainbow of colors! When choosing fruits and vegetables, look for a variety of colors. To catch all of the colors of the rainbow, go for tomatoes, watermelon, oranges, sweet potatoes, bananas, yellow peppers, spinach, broccoli, cauliflower and blueberries.



| yellow peppers, spinach, broccoli, cauliflower and blueberries. | | | | | 5. |
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| | Monday | Tuesday | Wednesday | Thursday | Friday |
| | Popcorn Chicken French Fries Peaches Milk Choice | Mozzarella Sticks Green Beans Pears Milk Choice | Cheese Steak Carrots Mixed Fruit Milk Choice | Tacos Black Beans Apple Sauce Milk Choice | "PIZZA BOX" PIZZA! Spinach Peaches Milk Choice |
| | Hot Dogs Baked Beans Pears Milk Choice | Chicken Tenders Peas Mixed Fruit Milk Choice | Egg McMuffin Sandwich Hash Brown Apple Slices Milk Choice | Hot Ham & Cheese on Pretzel Bun Carrots Peaches Milk Choice | Assorted Pizza Romaine Salad Apple Sauce Milk Choice |
| | Bacon Cheeseburger Sweet Potato Fries Mixed Fruit Milk Choice | Macaroni and Cheese Peas Apple Slices Milk Choice | Pizza Crunchers Green Beans Peaches Milk Choice | Popcorn Chicken Baked Beans Apple Sauce Milk Choice | Assorted Pizza Chicken Patty Sandwich Broccoli Pears Milk Choice |
| | OFF 24 | OFF 25 | OFF 26 | OFF 27 | OFF 28 |
| | OFF 31 | | | | |